

# RUNDLE RUMBLES

The official Rundle community newsletter.



Contents

Staff Information..... 3

President’s Message..... 4

Facility Information..... 5

Important Numbers ..... 6

City of Calgary Announcements..... 7

Editor’s Message ..... 8

Snow Angels - FCC..... 8

Girl Guides in Rundle ..... 9

Yielding to Emergency Vehicles ..... 11

Glenmore Dam Upgrades ..... 12

Membership Application form ..... 15



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Bruce Fahlman	Calgary Police Liaison	
Patricia Fuentes	Ward 10 Office	
Joylynn Matheson	Neighbourhood Partners Liaison	
Bruce Hardart	YYC Liaison	

### Need to Contact a Director?

Send an email to [rundlecommunity@shaw.ca](mailto:rundlecommunity@shaw.ca) and we will forward any questions to the director.

# President’s Message

Well it appears that fall is here and winter is not far behind.

The hall continues to be busy with evening user rentals, the Before and After School program continues to help our younger students and parents with a premium program, and weekend hall rentals.

Upcoming events include the annual craft sale on November 25. Mark your calendar and come out and support your vendors.

The pub is now open on Mondays as we host another dart league in the evening. Come out and enjoy a meal and refreshments. We also host a crib night on Tuesdays and Texas Holdem on Saturdays in which all are welcome to join in. Also check our website for additional functions that you may enjoy.

Last issue I did a report on the skunk situation in Rundle. Personally, I have noticed a marked decrease in activity, but they are still out there. I also had my first experience with the green cart. Per the instructions, once I had filled up the green cart, mainly with leaves, I then proceeded to fill one of the large brown recycle bags which the notice indicated that they would also pick up if left by the green cart.

To my surprise, the driver, although he did get his butt out of the truck and pick up the bag, left me with a note accusing me of not filling the green

cart before filling the bag. I reported this to 311 who sent it to the supervisor. The driver then defended himself saying the cart was only half full. That’s a load of crap. He just didn’t want to get his butt out of the warm truck. He spent more time writing up the notice than loading the bag. Sad day.

Rundle has also noticed a spike in garage thefts and vehicle break ins. Be sure to lock up your possessions, especially with Christmas approaching. Also be aware of your neighborhood and report suspicious activity.

With winter coming, I would expect to see less of the vehicles speeding recklessly throughout our neighborhood as they wrap themselves around a power pole.

We are still dealing with a need for someone to help with hall rentals in the new year. I would like to thank Lacy for a great job in preparing the Rumbles. I apologize for any delay that happened in September/October issue.

Have a safe and merry holiday.

Larry Yasman

**Women’s English & Social Group – Meet your neighbours & practice English!**  
The New Friends and Neighbourhood Group program is a safe and fun environment for immigrant women to improve their English and meet new women in the community. Registration is FREE and there are no minimal English requirements. Groups meet once a week for 2 hours to practice English, make new friends and have fun! Free childcare is also provided (6 months – 6 years). JOIN ANYTIME!  
**Village Square Library 2623 56<sup>th</sup> Street NE**  
Thursdays 10:00am -12:00pm  
**Debra Colley, Program Coordinator**  
**Calgary Immigrant Women’s Association**  
Email: [debrac@ciwa-online.com](mailto:debrac@ciwa-online.com)  
Phone: 403-444-1752  
Website: [www.ciwa-online.com](http://www.ciwa-online.com)



2409-50 St NE  
Calgary, AB, T1Y 1Z5  
Phone: (403)280-4752  
[rundlecommunity.ca](http://rundlecommunity.ca)  
[rundlecommunity@shaw.ca](mailto:rundlecommunity@shaw.ca)

## Editorial Submissions

All editorial content must be submitted by the 10th of the month for the following month’s publication to [rumbles@shaw.ca](mailto:rumbles@shaw.ca). The Rundle Rumbles are published bi-monthly.

## Advertising Opportunities

Contact [rumbles@shaw.ca](mailto:rumbles@shaw.ca) for our price guidelines. All advertisements must be submitted by the 10th of the month before the next publication. More information on [rundlecommunity.ca](http://rundlecommunity.ca)

## Hall Rentals

We offer a bright and clean facility, whether it’s for a wedding, anniversary, reception or meeting. Let us help you plan your event. The hall’s capacity is 225 persons, but can accommodate any size of gathering. Please call us (403-280-4752) or message us on Facebook for further information.



## Summit Pub

Open Monday to Saturday from 4PM – 10PM.

Call ahead to check for special events! Our phone number is (403)285-2397.

- Monday – Darts
- Tuesday – Crib Night
- Wednesday – Wing Night
- Thursday – Darts
- Friday – Karaoke Night (every 2<sup>nd</sup>)
- Saturday – Texas Holdem
- Sunday – Closed

Important Numbers

EMERGENCY	
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addiction Hotline	1-866-332-2322
ATCO Gas - 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police - Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX - Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414

HOSPITALS/URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111

OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions - Calgary Weather Information	511
Gamblers Anonymous	403-237-0654



719 Scouts

Beavers – (Aged 5-7) meet Thursdays at Rundle Community Association  
Cubs – (aged 8-10) meet Mondays at Temple Community Association  
Scouts – (aged 11 – 14) meet Tuesdays at Temple Community Association  
Venturers/Rovers – meet as required

For information or registration, please contact 719 Scouting through scouts.ca



Walking your dog daily? Unleash your inner volunteer!

Become an Off-Leash Ambassador and be a pawsitive role model in your community! We are recruiting volunteers to participate in the City of Calgary's Off-Leash Ambassador Program to help us promote responsible pet ownership, positive pet interactions and safety in off-leash parks.

Take ownership in making your community a better place to live for citizens and pets, one off-leash park at a time. Conveniently choose when and where to volunteer to best fit your schedule.

To learn more or sign up, visit calgary.ca/offleashvolunteer or contact 311.



Help us maintain a #buttfreeYYC

The City of Calgary is looking to citizens to help solve a littering issue; extinguishing cigarette waste. Smoker or non-smoker, you've likely witnessed someone flicking a cigarette butt on city streets (yes, that is a littering offense). While we have many systems in place to manage waste effectively, the solution begins with citizen responsibility when it comes to littering.

Proper disposal of cigarette waste at home:

Extinguished cigarette butts should be thrown away in the black cart.

Cigarette ashes need to be double bagged, tied closed and thrown away in the black cart.

Never flush cigarette butts or cigarette ashes down your toilet, sink or drain, as they are harmful to the environment and may cause damage to the pipes in your home.

Cardboard cigarette packaging goes in the blue bin for recycling.

As a safety protocol, the Calgary Fire Department encourages citizens to ensure that smokers in your home douse cigarette butts and ashes with water before placing them into a non-combustible container and to not ash out or dispose of cigarette butts in planters, mulch or flower beds. The components of soil include organic material that can smolder for hours before igniting.

The city centre is populated with cigarette butt receptacles for citizens to utilize while in public. Many communities and businesses self-manage receptacles for proper waste disposal or recycling purposes.

We want to maintain the standard of cleanliness and safety we work toward collectively. Help us maintain a #buttfreeYYC.



# Editor’s Message

I hope you all had a good Thanksgiving and Halloween (my personal favourite holiday).

Winter is finally here and that means freezing temperatures. Make sure you prepare for the weather and stay safe.

The annual Christmas Craft Fair is taking place at the community hall on November 25th. There may be a new year’s party at the Summit Pub, so call the pub and ask about tickets!

There is a new full-time cook and the pub is now open on Mondays. There are plans to expand and change the menu all while keeping our affordable prices. Call and ask about what activities are going on at the Summit Pub.

If you’re looking for a great opportunity to become involved with the community email [rundlecommunity@shaw.ca](mailto:rundlecommunity@shaw.ca) and ask if there is any volunteer work (like helping us with the Christmas Craft Fair on November 25th). Volunteers for events are always welcome.

Have a Merry Christmas/holiday.

Lacyne Pilaszekiewicz



which leads to cardiac distress, especially for the elderly or those with physical ailments.

3. Social isolation can contribute to a low quality of life. For some, daily interactions with Snow Angels provide a source of community inclusion and pride.

4. Neighbours who know each other are less likely to be victims of crime as people look out for those they know.

Remember residents have just 24 hours after a snow fall to remove snow from sidewalks adjacent to their property.

For more information, you can find it on the Federation of Calgary Communities website ([calgarycommunities.com](http://calgarycommunities.com)) under the Building Safe Communities menu item.

# Snow Angels: A Message from the Federation of Calgary Communities

The snowflakes are about to arrive along with cold temperatures (brrr!). Why not start a community Snow Angel campaign? It’s a great campaign to get involved and help neighbours. By shovelling snow for each other you can encourage other neighbours to take care of one another!

**Benefits of Snow Angels**

1. People who are less mobile may fear losing the homes they love or having to leave the communities they’ve lived in for years if they are unable to keep their sidewalks clear. By removing snow for neighbours, you may be able to help them feel secure staying in their homes.

2. Paramedics experience a dramatic increase in heart-related calls after heavy snowfalls. Cold air and heavy lifting can cause strain on the heart

# Girl Guides

**Girls – looking for a fun and exciting after school activity?**

Why not join Girl Guides! Sparks is for girls in Kindergarten and Grade 1, Brownies is for girls in Grades 2 and 3, Guides is for girls in grades 4-6, Pathfinders is for Junior High aged girls in grades 7-9, and Rangers for High School aged girls in grades 10-12. They are all part of the larger organization Girl Guides of Canada.

Sparks, Brownies, Guides and Pathfinders meet on Wednesday evenings starting at 6:30 pm in the upper hall at the Rundle Community Centre – 2409 50 Street NE. and Rangers meet twice monthly on Monday evenings starting at 7:00 p.m. Meetings run September through to June.



Registration is ongoing.

The hands-on program is all about encouraging girls to develop their own identity and positive relationships with others. Girls gain confidence by learning skills they can use in their daily lives and develop a commitment to their communities through service projects and special events. Programming covers safety and healthy choices, science and technology, the arts and eco-awareness, and camping. Girls can earn a variety of badges and will enjoy such activities as crafts, singing, games, camping or overnight adventures, life skills, leadership and planning opportunities.

Please email: Kirsten at [tawnyowl.kirsten@gmail.com](mailto:tawnyowl.kirsten@gmail.com) for more information or visit [www.girlguides.ca](http://www.girlguides.ca)



# Girl Guides in Rundle

Chocolate Mint cookies are here! \$5 per box. Please watch for us at your door or at local venues. Purchasing a box of cookies helps girls learn about handling money and interacting with customers. They learn about planning and setting goals, and how to choose activities they will do with the money the unit earns with the profits.

Registration is ongoing for all units. Sparks, Brownies, Guides at Pathfinders meet Wednesday evenings starting at 6:30 p.m. at the Rundle Community Centre, and Rangers meet Monday evenings as required.

The girls have spent time this fall learning about the environment, participating in a Shoreline clean-up, tree planting and camps.





**RUNDLE COMMUNITY ASSOCIATION**  
 2409 50 ST. NORTH EAST  
**WOULD LIKE TO INVITE YOU TO OUR**  
**ANNUAL CHRISTMAS CRAFT FAIR**  
**SATURDAY NOVEMBER 25, 2017**  
**10:00 AM - 3:00 PM**



# Bingo & Fundraising

If you can volunteer for this fund-raising event, please call Mary at 403-280-3976. If you have never done bingo before, no worries! Training is provided - just show up 10 minutes early. Refreshments are provided for workers.

Volunteering your time can help you pay for school and youth activities, as they provide you with a voucher you can use to offset these fees. A few hours can make a huge difference!



# Bingo Volunteer Dates

November 20th, 26th.

December 1st, 20th.




**Yoga**  
 Monday nights at the Rundle Community Hall: 2409 - 50 St NE  
 Thursday nights at Prince of Faith Church 2523 - 56 St NE  
 Contact Val: 403-809-2170  
 Email: perizad3@gmail.com

# Yielding to Emergency Vehicles

Time is the enemy in an emergency. For everyone's safety, it is important for motorists to understand how to correctly yield right of way to emergency vehicles with lights and siren activated. You can help EMS, police, and fire get to the scene quickly and safely by following these rules of the road:

## When an emergency vehicle approaches with lights and siren activated:

- If you're in the middle of an intersection when an emergency vehicle approaches with lights and siren activated, safely clear the intersection;
- On a one or two lane road, motorists should move to the right side of the road, slow down, and then stop. Remember to signal;
- On a road with three or more lanes, motorists should move to the nearest side of the road and stop. If driving in the centre lane, move to the right side of the road and stop. Remember to signal;
- Come to a complete stop and wait for the emergency vehicle to pass. Shoulder check for more emergency vehicles (there is often more than one) before re-entering traffic flow. Remember to signal;
- Emergency vehicles might use *any* available road space to maneuver. This could include the shoulders, turning lanes, in order to pass other traffic.

## When operating a vehicle:

- Drive attentively and defensively at all times. Be cognizant to sirens and be prepared to yield the right of way;
- It is Alberta law for motorists to slow down to at least 60 km/hour (unless a lower speed is posted) when driving past a stopped emergency vehicle. This includes EMS, police, fire, and tow trucks with their lights activated;
- Do not break the rules of the road in order to give right of way to an emergency vehicle. This could include proceeding through a red light, or making an illegal turn. Actions such as these jeopardize all motorists in the area;
- Drivers must place their full attention on the roadway and toward the safe operation of their vehicle at all times. The fine for distracted driving in Alberta is \$287.00;
- Always leave plenty of space between your vehicle and an emergency vehicle, should it be required to stop suddenly.

[www.albertahealthservices.ca](http://www.albertahealthservices.ca)

# Glenmore Dam Upgrades

The Glenmore Dam has been key part of Calgary’s water infrastructure system since the early 1930’s. The wear and tear the dam has experienced over 85 years of service, and the ever increasing demands of a growing city, mean the time has come for an extensive upgrade. These improvements will not only extend the life of the dam, but will help manage our drinking water supply and give us the ability to better control low and high river flows.

The first phase of the Glenmore Dam Infrastructure Improvements Program was the Utilities Relocation Project. This project involved moving the water and gas utility lines

currently running across the top of the dam to a new tunnel excavated underneath the Elbow River. This is needed to allow access to the dam while upgrades are being made, which include a new bridge deck with better access for maintenance and pathway users, concrete work on the face of the dam, and a new steel gate and hoist system.

While the normal maximum operating levels of the reservoir remains the same, the new gate system will provide greater flexibility to manage reservoir storage during low flows in the winter and high flows in the spring.



Proposed architectural design. Source: calgary.ca

## Darts League at the Summit Pub: Rundle Rebels

The Rundle Rebels play Mondays and Thursdays. This is a league without drop-in, but Saturdays it is drop-in (first come, first served). Drop-ins start at 12:30.



## RUSSET COURT COLLABORATIVE

IS HAVING AN

# OPEN HOUSE

NORTH EAST FAMILY CONNECTIONS  
IMMIGRANT SERVICES CALGARY  
CALGARY CATHOLIC IMMIGRATION SERVICES  
CALGARY PREGNANCY CARE CENTRE  
WORKERS RESOURCE CENTRE

The Russet Court Collaborative would like to invite you to a special OPEN HOUSE at our new location. We have been working together diligently since earlier this year to create a welcoming space for families and individuals to come and receive supports and services. We are very pleased with our efforts and would love to show everyone SUITE 704, which has generously been provided (at no charge) to the collaborative by BOARDWALK RENTAL COMMUNITIES

**Where:** Suite 704 – 2631 38 Street N. E.

**When:** Friday December 1, 2017

**Time:** 1:00 pm – 4:00 pm

## The Summit Pub Menu

### Appetizers

- Deep Fried Pickles - \$7.95
- Chicken Wings - \$7.50/lb
- Boneless Pork Ribs - \$8.50
- Mozza Sticks - \$7.50
- Mexi Fries - \$5.25
- Chicken Taquitos - \$4.00
- Poutine - \$6.25
- Nachos - \$12.25 (full) \$8.50 (half)

### Salads

- Garden - \$7.00 (full) \$3.00 (side)
- Caesar - \$7.00 (full) \$3.00 (side)
- Add chicken/beef - \$2.00

### Burgers

- Grilled Chicken - \$7.50
- Swiss Mushroom - \$8.50
- Bacon Cheddar - \$7.50
- Extra Cheese/Bacon - \$1.50
- Extra Patty - \$2.00

### Sandwiches & Wraps

- Club House - \$8.50
- Beef Dip - \$8.75
- Pulled Pork - \$8.50
- Steak Sandwich - \$9.50
- Grilled Cheese - \$6.75
- Chicken/Steak Caesar Wrap - \$8.50

### Entrées

- Steak Dinner - \$11.50
- Shepard’s Pie - \$7.85
- Fish & Chips - \$7.95
- 3 pc. Chicken Strips - \$7.95
- Meatloaf - \$7.85
- Chicken/Steak Quesadilla - \$8.25

### Pastas

- Spaghetti & Meatballs - \$8.50
- Chicken Penne Carbonara - \$8.50

**We have a variety of sides and toppings for create your own pizza as well as a kid’s menu.**

**Ask your server for daily specials.**

RUSSET COURT COLLABORATIVE



Phone: 587 617-8514

Suite 704 Russet Court, 2631 38 Street N.E. Calgary, AB T1Y 3Z8

Hours of Operation

Mon – Fri (9am – 4pm)

WEEKLY SERVICE AGENCY SUPPORT PROVIDED

DAY	AGENCY	SERVICE	TIME
MONDAY	Calgary Catholic Immigration Society (CCIS) Ayesha Phone: 403-515-5863	Employment Services	9am – 12:30pm 
TUESDAY	North East Family Connections (NEFC) Rumeena Phone: 403-293-0424 ext. 112	Support and services for families	9am – 4pm 
WEDNESDAY	Immigrant Services Calgary (ISC) Amber Phone: (403) 444-1507	Settlement services	9am – 4pm 
THURSDAY	North East Family Connections (NEFC) Conor Phone: 403-293-0424 ext. 111	Support and services for families	9am – 4pm 
FRIDAY	Calgary Pregnant Care Centre (CPCC) Jenn Phone: 587-393-2953	Pregnancy Support	9am – 4pm 
	Workers' Resource Centre (WRC) Jasvir Phone: 403-264-8100 ext. 24	Employment Rights and Benefits	9am – 4pm (every other week) 

Painting Party at the Pub

2409 - 50 Street NE

Saturday, November 18th.

1:30PM to 3:30PM

Cost: \$30

All supplies and 1 complimentary beverage is included.



Community Membership Application

Family membership is only \$10 per year. Please make your cheque out to: Rundle Community Association and mail to: 2409 - 50 Street NE Calgary, AB T1Y 1Z5

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Spouse/Family Member Names \_\_\_\_\_

Address \_\_\_\_\_ Postal Code \_\_\_\_\_

Phone # \_\_\_\_\_ Email \_\_\_\_\_

Consent requested. You request permission to receive emails from the Rundle Community Association

Yes \_\_\_\_\_ No \_\_\_\_\_

You may withdraw your consent any time by emailing [rundlecommunity@shaw.ca](mailto:rundlecommunity@shaw.ca) and placing “Please unsubscribe me” in the subject line.

Suggestion Box

We are always open to suggestions and improvements that are helpful, and if you just want to give our staff/management any praise, we’re open to that too. Let us know how we are

doing! You can contact the Rundle Community Association through email: [rundlecommunity@shaw.ca](mailto:rundlecommunity@shaw.ca)

Clown Around - Before & After School Care Program

Rundle Community Center: 2405-50th Rundle NE

The program runs Monday to Friday 6:30AM to 6:00PM including professional school days. Subsidies are available. Transportation is provided to and from your child’s School. Registration is ongoing. Call: 403 275 4098

The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of the Rundle Community Association (RCA) and CentralWeb.

The RCA and CentralWeb do not endorse any person(s) advertising in this newsletter.

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