



RUNDLE RUMBLES

The official Rundle community newsletter.

Contents

Staff Information..... 3

President’s Message..... 4

Facility Information..... 5

Important Numbers..... 6

City of Calgary Announcements..... 7

Editor’s Message..... 8

Events in the Northeast 8

Scholarship Application..... 9

EMS Public Announcement..... 11

Summit Pub Menu 13

City of Calgary Recreation Activities 14

Membership Application form 15



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Andrew Gearey	2 nd Vice President	(403)590-3558
Kate Johnston	Secretary	(403)285-1613
John Peartree	Treasurer	
Blake Pollack	Pub Director	(403)293-0450
Daniel Young	Building Operations	(403)862-4479
Marilette Palendat	Membership	(403)815-8056
Lacyne Pilaszkiwicz	Newsletter	
Mary Pelland	Bingo, CCSBA	
Helen Powers	Casino Director	
Maggie Branton	Director at Large	
Kathy Collinson	Director at Large	
Judy Cormier	Director at Large	
Sabrina Fulmer	Director at Large	
Margaret Olu	Before & After School Care	
Maggie Branton	Block Watch	
Larry Yasman	719 Properties Scouting	
Kate Johnston & Karma Lanneville	Girl Guides	(403)651-0038
Steve Charles & Stu Bruce	Broncos Football	
Bruce Fahlman	Calgary Police Liaison	
Patricia Fuentes	Ward 10 Office	
Joylynn Matheson	Neighbourhood Partners Liaison	
Bruce Hardart	YYC Liaison	

Need to Contact a Director?

Send an email to rundlecommunity@shaw.ca and we will forward any questions to the director.

President's Message

The Summit is open and ready for you and your family. There are specials every night. Cribbage, and Texas Holdem are up and running. Remember you can order your pizza to go. If you have a special event, the pub can handle up to 100 and we can reserve for any size from 10 to 100.

Spring is a great time to be out in the back yard, but make sure your place is secure. We continue to see an increase in the number of cars being modified to make excessive noise. Speeding throughout the neighborhood becomes more prevalent in the spring and summer months.

We have just received a draft of our 5 year engineering study of the buildings structure. We have planned a number of upgrades to the main hall this summer and hope to address some of the major issues identified.

The City will be running a Park and Play again this year the first week of July for our youth. Check with the City on registration & drop in times.

We continue to get calls concerning the increased noise from the aircraft taking off from the new runway. I am noticing an increased number of flights that are not respecting the 10 degree deviation. We are getting more and more flights in the 20 to 25 degree deviation. Google "YYC Noise"

for a complaint form or call 403-735-1408

We are working on the community clean-up this year. Please email the hall at rundlecommunity@shaw.ca if you can help. The date is June 16. We will post a list of what you can and cannot bring to the cleanup.

The Annual General Meeting has been scheduled for May 28. Mark that date and plan to attend. Hopefully by then we will have a clearer picture on the rules regarding cannabis use and how to manage its use in a community setting. We do have a number of positions available, so if you wish to join the Board, please volunteer at the meeting.

As well, our annual community carnival is scheduled for June 2. There will be a free breakfast in the morning and games will start around 11. We will have help from the Guides, Scouts and Rebels. If you wish to help, let us know.

Thanks again to Lacyne for helping to put this newsletter together. We will not be publishing a July/August edition, so check for updates at our website.

Larry Yasman

Women's English & Social Group – Meet your neighbours & practice English!

The New Friends and Neighbourhood Group program is a safe and fun environment for immigrant women to improve their English and meet new women in the community. Registration is FREE and there are no minimal English requirements. Groups meet once a week for 2 hours to practice English, make new friends and have fun! Free childcare is also provided (6 months – 6 years). JOIN ANYTIME!

Village Square Library 2623 56th Street NE

Thursdays 10:00am -12:00pm

Debra Colley, Program Coordinator

Calgary Immigrant Women's Association

Email: debrac@ciwa-online.com

Phone: 403-444-1752

Website: www.ciwa-online.com





2409-50 St NE
Calgary, AB, T1Y 1Z5
Phone: (403)280-4752
rundlecommunity.ca
rundlecommunity@shaw.ca



Editorial Submissions

All editorial content must be submitted by the 10th of the month for the following month's publication to **rumbles@shaw.ca**. The Rundle Rumbles are published bi-monthly.

Advertising Opportunities

Contact rumbles@shaw.ca for our price guidelines. All advertisements must be submitted by the 10th of the month before the next publication. More information on rundlecommunity.ca



Summit Pub

Open Tuesday to Saturday from 4PM – 10PM.

Call ahead to check for special events! Our phone number is (403)285-2397.

Monday – Closed for the Summer
Tuesday – Crib Night
Wednesday – Wing Night
Thursday – Darts
Friday – Karaoke
Saturday – Texas Holdem
Sunday – Closed

Hall Rentals

We offer a bright and clean facility, whether it's for a wedding, anniversary, reception or meeting. Let us help you plan your event. The hall's capacity is 225 persons, but can accommodate any size of gathering. Please call us (403-280-4752), email us (rundlecommunity@shaw.ca) or message us on Facebook for further information.

Important Numbers

EMERGENCY

Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addiction Hotline	1-866-332-2322
ATCO Gas - 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police - Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX - Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414

HOSPITALS/URGENT CARE

Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111

OTHER

Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions - Calgary Weather Information	511
Gamblers Anonymous	403-237-0654



719 Scouts

Beavers – (Aged 5-7) meet Thursdays at Rundle Community Association
 Cubs – (aged 8-10) meet Mondays at Temple Community Association
 Scouts – (aged 11 – 14) meet Tuesdays at Temple Community Association
 Venturers/Rovers – meet as required

For information or registration, please contact 719 Scouting through scouts.ca





Loads of Fun Activities in The City of Calgary's Spring & Summer Recreation Program Guide!

The City of Calgary's Spring & Summer Recreation Program Guide offers hundreds of fun and affordable recreational opportunities to get you and your family more active, more often this spring and summer. Registered programs include sailing, golf, dance, swimming, summer day camps and more! With dozens of facilities located

throughout the city, there are many convenient locations for you and your family to take part in a variety of activities, practically right in your own backyard! Registration is open. To learn more and find a program that's right for you, visit Calgary.ca/register.

Golf Event Nights in June

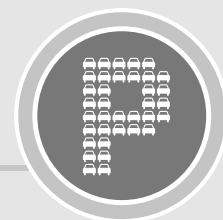
The City of Calgary's Golf Event nights begin in June. Golf fun for everyone at our Ladies, Beginner and Family Nights (free golf for juniors on family nights.). Free tips from a Golf Pro along with spot prizes and giveaways. Visit calgary.ca/golf for more info and course locations.

Be Part of The City's Annual Canada Day Celebrations

Canada Day 2018 will be better than ever with a range of free, family-friendly activities across the downtown area and Confederation Park. Check calgary.ca/CanadaDay for updates on performers, events and activities.

RESIDENTIAL PARKING PERMITS ARE GOING DIGITAL.

Same permit program, only better.



Residential Parking Permit Holders

- Before your permit expires, register for an online account and apply for your parking permits. No Internet? Come to our office to register or send your documents via fax or mail and then give us a call.
- There will be no physical passes or visitor hang tags; the new system is all digital.
- If your address qualifies for visitor permits, when you have visitors, log on to your account and start a visitor parking session using the vehicle's licence plate.

Benefits of the new system:

- Quick and easy application
- A two-year renewal period
- No more lost or stolen passes
- More effective and efficient enforcement of permit zones



For more information, visit: permits.calgaryparking.com



Editor's Message

Rundle's AGM (annual general meeting) date is scheduled for May 28th at 7 PM. Signing up to become a member allows you to attend the AGM and voice your opinions. Members can also apply for scholarships, given out at every AGM. Memberships support the community and keep things like the newsletter going. You can apply for membership online at rundlecommunity.ca/membership or fill out the form on page 15.

There are a lot of activities around the city this Spring/Summer. Keep an eye on our community website and our Facebook page for further information and activities that Rundle will be hosting.

We will not be publishing a newsletter for July/August. News will be posted on the website and Facebook.

I will be camping with my family and I hope you all have a wonderful and relaxing Summer as well!

Lacyne Pilaszewicz

Events in the Northeast

Casino

Our casino this year will take place at Casino Calgary on July 24 & 25.

Skate Park

There will be a skate park in Temple from July 21 to August 11.

Rundle Carnival

Our annual carnival will be June 2 at 10 AM to 2 PM. Come join us at the community hall for a pancake breakfast, games, music, prizes, shopping, and lunch! There will be door prizes just for showing up and hanging out with us! Everyone is welcome to this free event.

Park & Play

The park and play will be held at Cecil Swanson elementary school.

Lawnchair Theatre

Temple is holding a lawnchair theatre August 9. Whitehorn is hosting on August 16. Bring a lawnchair and enjoy a show!

Community Cleanup

Do some Spring cleaning with us. Come down to the Rundle community hall on June 16.



Girl Guides

Girls – looking for a fun and exciting after school activity?

Why not join Girl Guides! Sparks is for girls in Kindergarten and Grade 1, Brownies is for girls in Grades 2 and 3, Guides is for girls in grades 4-6, Pathfinders is for Junior High aged girls in grades 7-9, and Rangers for High School aged girls in grades 10-12. They are all part of the larger organization Girl Guides of Canada.

Sparks, Brownies, Guides and Pathfinders meet on Wednesday evenings starting at 6:30 pm in the upper hall at the Rundle Community Centre – 2409 50 Street NE. and Rangers meet twice monthly on Monday evenings starting at 7:00 p.m. Meetings run September through to June.

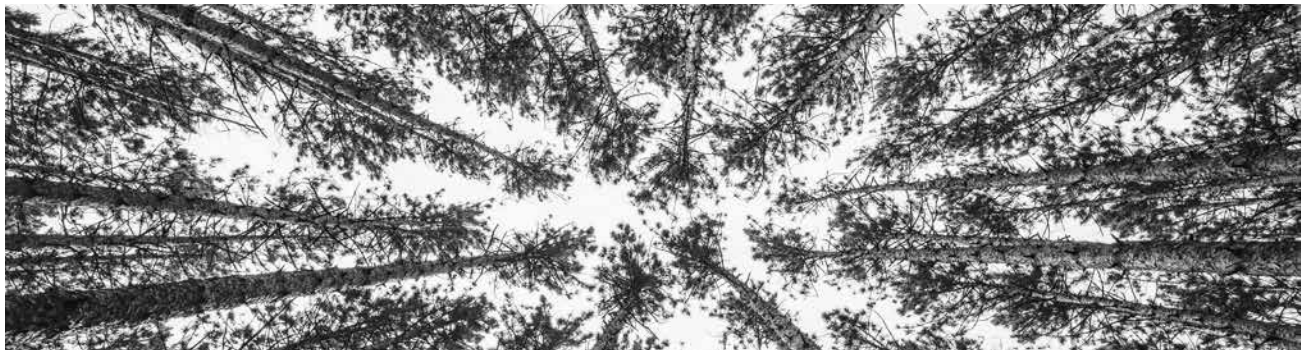


Registration is ongoing.

The hands-on program is all about encouraging girls to develop their own identity and positive relationships with others. Girls gain confidence by learning skills they can use in their daily lives and develop a commitment to their communities through service projects and special events. Programming covers safety and healthy choices, science and technology, the arts and eco-awareness, and camping. Girls can earn a variety of badges and will enjoy such activities as crafts, singing, games, camping or overnight adventures, life skills, leadership and planning opportunities.

Please email:

Kirsten at tawnyowl.kirsten@gmail.com for more information or visit www.girlguides.ca



Scholarship Application

Please send your application to:
Rundle Community Association
2409 - 50 Street NE Calgary, AB T1Y 1Z5

Applications must be received prior to the AGM on May 28th, 2018.

Applicant Name _____ Application Date _____

Date of Birth _____ Phone # _____

Address _____ Current School _____

RCA Membership _____ Member Name _____

Eligibility: Any individual registered at an educational institution and planning to attend a post secondary institution within 12 months. The applicant must be a member or the son or daughter of a member of the Rundle Community Association holding a current membership, which has been active for more than 12 months, is eligible to apply. Proof of the eligibility may be requested. The applicant or a family member must be present at the draw to win.



Bingo & Fundraising

If you can volunteer for this fund-raising event, please call Mary at 403-280-3976. If you have never done bingo before, no worries! Training is provided - just show up 10 minutes early. Refreshments are provided for workers.

Volunteering your time can help you pay for school and youth activities, as they provide you with a voucher you can use to offset these fees. A few hours can make a huge difference!

Bingo Volunteer Dates

Ask for Mary Pelland at rundlecommunity@shaw.ca for Bingo volunteer dates or call 403-280-3976.



Yoga

Monday nights at the Rundle Community Hall: 2409 - 50 St NE
Thursday nights at Prince of Faith Church: 2523 - 56 St NE
Contact Val: 403-809-2170
Email: perizad3@gmail.com





Alberta Health
Services

Emergency
Medical
Services



National Paramedic Services Week

National Paramedic Services Week is May 27 – June 2, 2018

National Paramedic Services Week honours the paramedic profession and recognizes the men and women of Emergency Medical Services (EMS) providing this key public service. It is also an opportunity for the public to better understand the important role EMS has within both the health care system and our communities.

The year's national theme is, *Paramedics: Health. Community. You.*

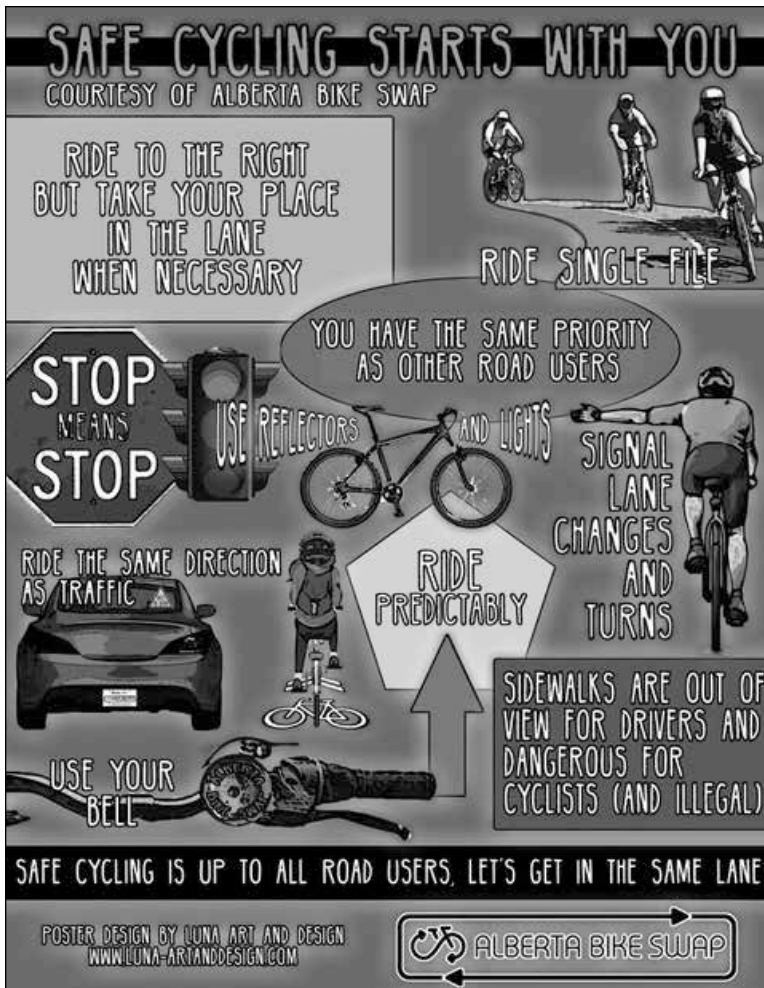
Whether directly, or indirectly, every Albertan has felt the importance of the service paramedics provide. Paramedics are trained health care professionals who stabilize and treat patients before and during transport to hospital. In some areas of the province, paramedics are now working side-by-side their health care colleagues in hospitals and community care facilities.

- There are over 4,000 EMS practitioners and 550 ambulances in the Alberta Health Services system province-wide;
- Approximately 5,500 patients will be transferred by fixed wing aircraft through contracted air ambulance providers in Alberta this year;
- EMS dispatch receives over 500,000 ground ambulance calls each year.

EMS practitioners across the Alberta and Canada will be celebrating National Paramedic Services Week in a variety of ways. Watch for information in your local media as well as **AHS EMS Twitter (@ahs_ems)**, **Facebook (@albertahealthservicesEMS)** and **HYPERLINK "<http://www.ahs.ca/ems>" [ahs.ca/ems](http://www.ahs.ca/ems)** about events happening in your community.

Alberta Health Services is the provincial health authority responsible for planning and delivering health supports and services for more than four million Albertans and it's more than 661,848 square kilometers. Its mission is to provide a patient-focused, quality health system that is accessible and sustainable for all Albertans.

www.albertahealthservices.ca



Schools out for summer! Plan for summer day camps

Not sure what your kids will get up to when school's out for the summer? Let The City of Calgary help your kids beat summertime boredom with one of our quality instructed day camp programs. From visual and performing arts based programs at our Arts Centres to sailing, golf and swim & fun recreational programs, The City of Calgary can help you keep your kids happy and active during the summer months. Offering a variety of fun, physically active and educational day camp programs at dozens of locations, The City of Calgary offers something for all interests and abilities, at very affordable rates, close to home. To see which program may be right for your child, visit Calgary.ca/daycamps.

Tap into your creative side this spring with Calgary Recreation.

Think you don't have a creative bone in your body? Think again! We all have the ability to be creative and programs with The City of Calgary can help you find your inner artist. The City of Calgary is offering hundreds of artistic and creative programs for all ages, interests and abilities, allowing you to get more creative, more often. Performing and visual arts classes range from beginner drawing and painting for adults, to pre-school dance and ballet, clay classes for families, and even belly dancing for those looking for something a little different. The Spring & Summer Recreation Program Guide is on stands now. Registration is open. To tap into your inner artist and see which program is right for you, visit Calgary.ca/register.

The Summit Pub Menu

Appetizers

Deep Fried Pickles - \$7.95
Chicken Wings - \$7.50/lb
Boneless Pork Ribs - \$8.50
Mozza Sticks - \$7.50
Mexi Fries - \$5.25
Chicken Taquitos - \$4.00
Poutine - \$4.00 (sm) \$8.95 (lg)
Nachos - \$14.75 (full) \$9.00 (half)
Onion Rings - \$6.25
Veggie Plate - \$4.95
Potato Skins - \$7.75
Fries - \$3.10 (sm) \$4.50 (lg)

Salads

Caesar - \$3.50 (sm) \$6.50 (lg)
House - \$3.50 (sm) \$7.00 (lg)
Chef Salad - \$7.25

Burgers

Hamburger - \$7.50
Pizza Burger - \$8.75
Bacon Cheddar - \$8.25
Hangover Classic - \$9.00
Mozza & Mushroom Burger - \$8.75
Grilled Chicken - \$7.95

Pastas

Spaghetti Bolognese - \$7.95
Lasagna - \$7.95
Spaghetti & Meat Balls - \$7.95

Sandwiches & Wraps

Club House - \$8.50
Beef Dip - \$9.00
Philly Cheese Steak - \$9.75
Grilled Cheese - \$6.25
Reuben - \$8.50
Veggie Wrap - \$8.25
Chicken Quesadilla - \$8.50
Steak Quesadilla - \$9.00
Buffalo Chicken Wrap - \$7.95
Chicken Caesar Wrap - \$8.25
Steak Caesar Wrap - \$9.20
Steak Sandwich - \$9.50

Entrées

Steak Dinner - \$11.50
Shepard's Pie - \$8.10
Fish & Chips - \$9.10
3 pc. Chicken Strips - \$7.95
Meatloaf - \$8.25
Shepard's Pie - \$8.10

Pizza

Pepperoni - \$7.25 (8") \$10.25 (14")
Hawaiian - \$8.50 (8") \$10.75 (14")
Canadian - \$8.95 (8") \$11.15 (14")
Veggie - \$7.75 (8") \$10.75 (14")
Mountain Man - \$9.75 (8") \$12.75 (14")
Mountain Woman - \$9.25 (8") \$12.35 (14")
The Summit - \$10.00 (8") \$13.50 (14")
Cheese - \$7.75 (8") \$10.05 (14")

We have a variety of sides and toppings for create your own pizza as well as a kid's menu.

**Ask your server for daily specials.
Price are subject to change without notice.**

Rundle AGM

The AGM for Rundle is currently scheduled for May 28th at 7 PM.

If you hold a membership please come down to give us your opinions, concerns, and votes for possible board directors!

Crib News

Congratulations to Stella Pollack! Stella had a perfect hand of 29 points on Tuesday April 3.

Darts League at the Summit Pub: Rundle Rebels

The Rundle Rebels play Mondays and Thursdays. This is a league without drop-in, but Saturdays it is drop-in (first come, first served). Drop-ins start at 12:30.



City of Calgary Recreation Activities

Free public swimming

Free swimming is available on some statutory holidays at select pools. Check online for the dates and locations of upcoming free public swimming at calgary.ca/pools.

Saturday and Sunday Splash Swim – \$1 for kids

Check your favourite pool schedule for Splash Swims, admission is \$2/adult and \$1/child or senior. Search calgary.ca/pools.

Terrific Tuesdays at Southland Leisure Centre

Tuesdays, 4 - 10 p.m. Come join us for 50% off regular admission. Waterpark access begins at 7 p.m.

Wild Wednesdays at Village Square Leisure Centre

Wednesdays, 4 - 10 p.m. Come join us for 50% off regular admission. All ages.

Toys in the Waterpark, Thursdays at Southland Leisure Centre

Toys in the Waterpark from 7 - 9 p.m. Try out our giant inflatable obstacle course or “walk on water” in one of our WOW balls. Anyone age 7 and up can try them out. General admission applies.

Saturday Night for 50% off regular admission

Saturdays, 7 – 10 p.m. at Village Square Leisure Centre. Come join us for 50% off regular admission.

Sunday Family Swim

Sundays, 8 a.m. – noon at Southland Leisure Centre

Come enjoy our waterpark! Adults must be accompanied by a child and all children must be accompanied by an adult. Regular admission applies.

Soccer Drop-in

Mondays, Wednesdays & Fridays, 11:30 a.m. – 1:30 p.m. at Calgary Soccer Centre Age: 18+

Develop foot skills, practice drills or play a game. Bring your own ball.

Drop-in Climbing Wall

Located at Southland Leisure Centre and Beltline Aquatic & Fitness Centre

For drop-in schedules, please visit us online or contact 311.



Clown Aroun' - Before & After School Care Program

Rundle Community Center: 2405-50th Rundle NE

The program runs Monday to Friday 6:30AM to 6:00PM including professional school days. Subsidies are available.

Registration is ongoing.
Call: 403 275 4098



Community Membership Application

Family membership is only \$10 per year.

Please make your cheque out to: Rundle Community Association
and mail to: 2409 - 50 Street NE Calgary, AB T1Y 1Z5

Last Name _____ First Name _____

Spouse/Family Member Names _____

Address _____ Postal Code _____

Phone # _____ Email _____

Consent requested. You request permission to receive emails from the Rundle Community Association

Yes _____ No _____

You may withdraw your consent any time by emailing rundlecommunity@shaw.ca and placing "Please unsubscribe me" in the subject line.

Suggestion Box

We are always open to suggestions and improvements that are helpful, and if you just want to give our staff/management any praise, we're open to that too. Let us know how we are

doing! You can contact the Rundle Community Association through email:
rundlecommunity@shaw.ca

The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of the Rundle Community Association (RCA) and CentralWeb.

The RCA and CentralWeb do not endorse any person(s) advertising in this newsletter.

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