



RUNDLE RUMBLES

The official Rundle community newsletter.

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Patricia Fuentes	Ward 10 Office	
Kate Campbell	Neighbourhood Partners Liaison	
Bruce Hardart	YYC Liaison	

Need to Contact a Director?

Send an email to rundlecommunity@shaw.ca and we will forward any questions to the director.

President's Message

The Summit is open and ready for you and your family. There are specials every night. Cribbage, and Texas Holdem are up and running. Remember you can order your pizza to go. If you have a special event, the pub can handle up to 100 and we can reserve for any size from 10 to 100.

The Pub is handling 3 dart leagues this year, which is keeping us very busy as we also have darts and pool on various days. Good to see the Pub busy as well.

Hall rentals were booked most of the months. January and Feb are looking good at this point.

We continue to get calls concerning the increased noise from the aircraft taking off from the new runway. I am noticing an increased number of flights that are not respecting the 10 degree deviation. We are getting more and more flights in the 20 to 25 degree deviation. Google "YYC Noise" for a complaint forms or call 403-735-1408. Note that YYC has changed the format of their complaint form and it is longer and not as easy to use. The first meeting of the YYC community consultative committee was held Nov 28, but the

minutes have yet to be released

The divider curtains that we installed in Sept still have repairs to be done.

Due to the NDP's change in minimum wages, we have noticed a spike in the cost of supplies. We are evaluating the effects on our services and the pricing of our menu.

We have upgraded our security system, both to the perimeter and in the hall.

We had a problem with the new furnace designed by Engineered Air. This unit is just two years old and it had a major controller failure and two electronically controlled gas valves malfunctioned. Of course they will not stand behind the crap they design. We were without the use of this furnace for over 2 weeks.

Thanks again to Lacyne for helping to put this newsletter together.

Larry Yasman



Women's English & Social Group – Meet your neighbours & practice English!

The New Friends and Neighbourhood Group program is a safe and fun environment for immigrant women to improve their English and meet new women in the community. Registration is FREE and there are no minimal English requirements. Groups meet once a week for 2 hours to practice English, make new friends and have fun! Free childcare is also provided (6 months – 6 years). JOIN ANYTIME!

Village Square Library 2623 56th Street NE

Thursdays 10:00am -12:00pm

Debra Colley, Program Coordinator

Calgary Immigrant Women's Association

Email: debrac@ciwa-online.com

Phone: 403-444-1752

Website: www.ciwa-online.com





2409-50 St NE
Calgary, AB, T1Y 1Z5
Phone: (403)280-4752
rundlecommunity.ca
rundlecommunity@shaw.ca



Editorial Submissions

All editorial content must be submitted by the 10th of the month for the following month's publication to **rumbles@shaw.ca**. The Rundle Rumbles are published bi-monthly.

Advertising Opportunities

Contact rumbles@shaw.ca for our price guidelines. All advertisements must be submitted by the 10th of the month before the next publication. More information on rundlecommunity.ca



Summit Pub

Open Tuesday to Saturday from 4PM – 10PM.

Call ahead to check for special events! Our phone number is (403)285-2397.

Monday – Darts League
Tuesday – Crib Night
Wednesday – Wing Night
Thursday – Darts
Friday – Karaoke
Saturday – Texas Holdem
Sunday – Closed

Hall Rentals

We offer a bright and clean facility, whether it's for a wedding, anniversary, reception or meeting. Let us help you plan your event. The hall's capacity is 200 persons, but can accommodate any size of gathering. Please call us (403-280-4752), email us (rundlecommunity@shaw.ca) or message us on Facebook for further information.

Important Numbers

EMERGENCY

Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addiction Hotline	1-866-332-2322
ATCO Gas - 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police - Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX - Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414

HOSPITALS/URGENT CARE

Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111

OTHER

Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions - Calgary Weather Information	511
Gamblers Anonymous	403-237-0654



719 Scouts

Beavers – (Aged 5-7) meet Thursdays at Rundle Community Association
 Cubs – (aged 8-10) meet Mondays at Temple Community Association
 Scouts – (aged 11 – 14) meet Tuesdays at Temple Community Association
 Venturers/Rovers – meet as required

For information or registration, please contact 719 Scouting through scouts.ca





Watch for your new and improved water utility bill

Delivering safe and reliable drinking water, treating wastewater, providing flood protection and maintaining a system of pipes, plants and pumps for a city of 1.2 million is complex.

Reading your bill shouldn't be.

You told us you wanted your utility bill to be simple and clear. We worked with you to make it easier to see what you pay for and how your rates are calculated.

What's new?

Starting this month, the water portion of your utility bill clearly outlines your City of Calgary water services. It shows your usage, how it's calculated and how your rates ensure reliable water service and support critical infrastructure for our city.

Your water charge pays for the cost of treating your drinking water and getting it to you. Your

basic service charge enables us to maintain the infrastructure needed to do that.

Your wastewater charge pays for the cost of taking away the water you've used and treating it before it's returned to our rivers. Your bill now shows you are paying for 90% of your water usage rather than 90% of the wastewater rate. The calculation more clearly shows that on average through the year, 90% of the water you use goes to the wastewater system and a portion (e.g. outdoor watering) does not. While the calculation shown on your bill has changed, what you pay has not.

Calculation prior to bill improvements: $8\text{m}^3 @ \$1.4852/\text{m}^3 = \11.88 .

Calculation now: $(8\text{m}^3 \times 0.9) = 7.2 @ \$1.6502/\text{m}^3 = \$11.88$

Your wastewater basic service charge enables us to maintain the infrastructure to treat wastewater.

Your storm water basic service charge enables us to maintain reliable street drainage, flood protection and the health of our rivers.

Every business, organization and home in Calgary depends on around-the-clock access to water services. Your rates support us to deliver high quality drinking water, treat our wastewater safely and protect the river – our source of drinking water. Together we make life better every day.

For more information on water rates and reading your bill, visit calgary.ca/waterbill.





Editor's Message

Happy new year!

I hope everyone has had a nice holiday and was able to spend some time with loved ones. Good luck with your resolutions if you are one to make those. I look forward to another year with the community association.

The pub is open to everyone and is a family-friendly restaurant during dinner hours. We have daily specials and Wednesday is wing night. Can't go wrong with wings.

Check our Facebook page (facebook.com/rundlecommunity) for updates, menu specials, and events going on in Rundle and the Northeast. If you have any questions or news to share please send us a Facebook message and I will respond as soon as I can.

Our website is a great source of information as well. I try to keep that updated as much as possible.

If you have a small business looking for advertising in the Rundle area the Rumbles is the best place to start. We have competitive rates and a variety of options. Send an email to rumbles@shaw.ca for more information or visit our website.

Lacyne Pilasziewicz



Girl Guides

Girls – looking for a fun and exciting after school activity?

Why not join Girl Guides! Sparks is for girls in Kindergarten and Grade 1, Brownies is for girls in Grades 2 and 3, Guides is for girls in grades 4-6, Pathfinders is for Junior High aged girls in grades 7-9, and Rangers for High School aged girls in grades 10-12. They are all part of the larger organization Girl Guides of Canada.

Sparks, Brownies, Guides and Pathfinders meet on Wednesday evenings starting at 6:30 pm in the upper hall at the Rundle Community Centre – 2409 50 Street NE. and Rangers meet twice monthly on Monday evenings starting at 7:00 p.m. Meetings run September through to June.



Registration is ongoing.

The hands-on program is all about encouraging girls to develop their own identity and positive relationships with others. Girls gain confidence by learning skills they can use in their daily lives and develop a commitment to their communities through service projects and special events. Programming covers safety and healthy choices, science and technology, the arts and eco-awareness, and camping. Girls can earn a variety of badges and will enjoy such activities as crafts, singing, games, camping or overnight adventures, life skills, leadership and planning opportunities.

Please email:

Kirsten at tawnyowl.kirsten@gmail.com for more information or visit www.girlguides.ca





Montessori & Reggio



403-975-0103

Bingo & Fundraising

If you can volunteer for this fund-raising event, please call Mary at 403-280-3976. If you have never done bingo before, no worries! Training is provided - just show up 10 minutes early. Refreshments are provided for workers.

Volunteering your time can help you pay for school and youth activities, as they provide you with a voucher you can use to offset these fees. A few hours can make a huge difference!

Bingo Volunteer Dates

Ask for Mary Pelland at rundlecommunity@shaw.ca for Bingo volunteer dates or call 403-280-3976.



Yoga

Monday nights at the Rundle Community Hall: 2409 - 50 St NE
Thursday nights at Prince of Faith Church: 2523 - 56 St NE
Contact Val: 403-809-2170
Email: perizad3@gmail.com



Toboggan Safety



Emergency Medical Services (EMS) would like to remind parents and children of some basic toboggan/sledding safety tips as the winter season continues. Injuries may result from collisions with stationary objects on the hill, such as trees or rocks, or even collisions with other people. Unprotected falls can also result in more serious injury if you lose control at high speeds. However, everyone can be safe and have fun on the toboggan hill by following these simple reminders.

Equipment

- Always ensure your toboggan or sledding device is in good repair. Inspect it for any damaged or missing parts before each use;
- Be certain the operator is fully capable of staying in control of the sled at all times;
- Children should wear a certified, properly fitted helmet designed for other high impact sports such as hockey, cycling, or climbing.

Hazards

- Avoid hills that are too steep or too icy;
- Choose hills free of all obstacles such as trees, rocks, utility poles, or fences;
- Beware of loose scarves or clothing containing drawstrings which could present a strangulation hazard if they become caught or snagged.

Plan ahead

- Dress warmly in layers and anticipate weather changes;
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones;
- Take breaks, out of the cold, to warm up;
- Ensure frostbite hasn't affected any exposed skin;
- Even when properly protected from the elements, the finger tips, toes, ears, the tip of the nose, and other high points on the face such as the forehead and cheek bones can be affected by frostbite;
- If frost bite has occurred, treat it by first removing the individual out of the cold environment; Gently warm the affected skin by placing a warm hand over it, or by placing the affected part in warm, *not hot*, water, until re-warmed.

Drive, Cycle, or Skate.



The City of Calgary is updating our **transportation bylaws** to make roadways more inclusive for all Calgarians.

Have your say online from Nov. 23–Dec. 9, visit
calgary.ca/transportationbylaws

The Summit Pub Menu

Appetizers

Deep Fried Pickles - \$7.95
Chicken Wings - \$8.25/lb
Boneless Pork Ribs - \$8.50
Mozza Sticks - \$7.75
Mexi Fries - \$5.50
Soup of the Day - \$4.25
Poutine - \$4.00 (sm) \$8.95 (lg)
Nachos - \$14.75 (full) \$9.00 (half)
Onion Rings - \$6.25
Veggie Plate - \$4.95
Potato Skins - \$7.75
Fries - \$3.10 (sm) \$4.50 (lg)

Salads

Caesar/Garden - \$3.00 (side) \$7.00 (lg)
Chef Salad - \$7.25
Add Chicken or Beef - \$2.00

Burgers

Hamburger - \$7.50
Pizza Burger - \$8.75
Bacon Cheddar - \$8.25
Mozza & Mushroom Burger - \$8.75
Grilled Chicken - \$7.95

Pastas

Spaghetti Bolognese - \$7.95
Lasagna - \$7.95
Spaghetti & Meat Balls - \$7.95

Sandwiches & Wraps

Club House - \$8.50
Beef Dip - \$9.25
Philly Cheese Steak - \$9.75
Grilled Cheese - \$6.25
Reuben - \$8.50
Veggie Wrap - \$8.25
Chicken Quesadilla - \$8.50
Steak Quesadilla - \$9.00
Buffalo Chicken Wrap - \$7.95
Chicken Caesar Wrap - \$8.25
Steak Caesar Wrap - \$9.20
Steak Sandwich - \$9.50

Entrées

Steak Dinner - \$11.50
Pulled Pork Sandwich - \$8.00
Shepard's Pie - \$8.10
Fish & Chips - \$9.10
3 pc. Chicken Strips - \$7.95
Meatloaf - \$8.25
Shepard's Pie - \$8.10

Pizza

Now available in 8" and 14". See full menu for selection. Can be ordered to go.

Kids

Hamburger - \$4.25
Grilled Cheese - \$4.25
Beef & Cheese Slider - \$4.75
Hot Dog - \$4.25
Chicken Strips - \$4.75

Ask your server for daily specials.

Prices are subject to change without notice.

Darts League at the Summit Pub: Rundle Rebels

The Rundle Rebels play Mondays and Thursdays. This is a league without drop-in, but Saturdays it is drop-in (first come, first served). Drop-ins start at 12:30.



Interested in doing a job that counts? The City is hiring civic census takers!

The City's civic census is conducted annually starting on April 1 and that means census taker recruitment is underway. The City needs flexible workers to help collect this information using mobile tablets.

Census takers are assigned an area to collect census information; areas vary in size, but are generally between 400 and 600 dwellings. Census takers have three weeks to complete the collection in their assigned area. They set their own schedule to get their work done and may be required to work in the evenings and weekends when most people are at home. Census takers need to be able to complete online training at home and be available for an in-person session in March.

Applications can be completed online by visiting calgary.ca/census. Applications can also be completed at The City of Calgary Elections and Census Office (1103 55th Ave. N.E.) between the hours of 8 a.m. and 4 p.m. Monday through Friday.

If you or anyone you know would be a good fit as a census taker, be sure to send them to calgary.ca/census to fill out an application. The Elections and Census Office will be selecting applications between Jan. 21 to Feb. 8, 2019.

Calling for Calgary Awards Nominations

The Calgary Awards is one of the largest citizen recognition programs in our city. The City of Calgary established the Calgary Awards in 1994 to celebrate and recognize outstanding achievements and contributions made by Calgarians in the previous year. Each year, individuals, corporations, community groups and organizations are nominated in five major award categories, for a total of 13 awards.

The City of Calgary encourages all Calgarians to look to their neighbours, colleagues, community leaders, local organizations and businesses for those who could qualify as recipients of the Calgary Awards.

The Calgary Awards are for Calgarians. Individuals, businesses, not-for-profit organizations, community groups and other organizations can all be nominated. For additional information, nomination criteria and the online application form visit: calgary.ca/calgaryawards phoning 403-268-8881, or e-mail calgaryawards@calgary.ca. Nominations open on Wednesday, January 16, 2019.

The Calgary Awards began in 1994 as a Centennial project to commemorate Calgary's 100th year as a city and to recognize outstanding citizen achievements. The Calgary Awards celebrate Calgarians who have helped make Calgary the best place to live. Visit calgary.ca/calgaryawards for more information.



Clown Aroun' - Before & After School Care Program

Rundle Community Center: 2405-50th Rundle NE

The program runs Monday to Friday 6:30AM to 6:00PM including professional school days. Subsidies are available.

Registration is ongoing.
Call: 403 275 4098



Community Membership Application

Family membership is only \$10 per year.

Please make your cheque out to: Rundle Community Association
and mail to: 2409 - 50 Street NE Calgary, AB T1Y 1Z5

Last Name _____ First Name _____

Spouse/Family Member Names _____

Address _____ Postal Code _____

Phone # _____ Email _____

Consent requested. You request permission to receive emails from the Rundle Community Association

Yes _____ No _____

You may withdraw your consent any time by emailing rundlecommunity@shaw.ca and placing "Please unsubscribe me" in the subject line.

Suggestion Box

We are always open to suggestions and improvements that are helpful, and if you just want to give our staff/management any praise, we're open to that too. Let us know how we are

doing! You can contact the Rundle Community Association through email:
rundlecommunity@shaw.ca

The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of the Rundle Community Association (RCA) and CentralWeb.

The RCA and CentralWeb do not endorse any person(s) advertising in this newsletter.

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