RUNDLE RUMBLES

The official Rundle community newsletter.



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John Peartree	Treasurer	
Pauline Pender	Pub Director	(403)285-2397
Daniel Young	Building Operations	(403)862-4479
Marilette Palendat	Membership	(403)815-8056
Lacyne Pilaszkiewicz	Newsletter	
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Maggie Branton	Director at Large	
Kathy Collinson	Director at Large	(403)510-6934
Judy Cormier	Director at Large	
Kathy Delbrouck	Hall Rentals	(403)280-4752
Margaret Olu	Before & After School Care	
Maggie Branton	Block Watch	(403)293-3732
Larry Yasman	719 Properties Scouting	
Kate Johnston & Karma Lanneville	Girl Guides	(403)651-0038
Steve Charles	Rebels Football	
Patricia Fuentes	Ward 10 Office	
Kate Campbell	Neighbourhood Partners Liaison	
Bruce Hardart	YYC Liaison	



President's Message

The Summit is open and ready for you and your family. There are specials every night. Cribbage, and Texas Holdem are up and running. Remember you can order your pizza to go. If you have a special event, the pub can handle up to 100 and we can reserve for any size from 10 to 100.

The Pub will be handling 3 dart leagues this year, which is keeping us very busy as we also have darts on Friday and Saturdays. At the time of writing, we were looking to expand the back room area to handle darts as well. This will affect our pool tables.

We continue to get calls concerning the increased noise from the aircraft taking off from the new runway. I am noticing an increased number of flights that are not respecting the 10 degree deviation. We are getting more and more flights in the 20 to 25 degree deviation. Google "YYC Noise" for a complaint forms or call 403-735-1408. Note that YYC has changed the format of their complaint form and it is longer and not as easy to use. They are also bragging that the number of complaints is down. The reason is the lack of respect and response from these idiots.

It has been a busy time since the last issue of the Rumbles. On May 26, we held our AGM. The current board is listed in this issue. We would like to welcome Pauline to the board and wish her success in her role as Pub Director. On June 1 we held our annual carnival. The weather turned out great and we had a good turnout from the community.

On June 15, we held another community cleanup. This was again sponsored by our Councillor Ray Jones. Great job Ray and I would like to thank all of the volunteers that helped organize and support this event.

The City has requested that we get our books audited this year. Except for the cost, this is usually not a big deal. We have contracted the Federation of Calgary Communities to conduct the audit. The have changed some of their processes, so we are providing more info online than before. We will see how this goes.

Over the summer there has been a significant increase in violent action in the northeast with shootings in Rundle, Whitehorn, Temple, and north of McKnight. There has been an increase in excessive speeding as well as an increase in noise as cars have been modified with noise baffles to make the car sound powerful even though it only runs on 3 cylinders. We need to continue to report all suspicious activity to the police.

We have received approval to upgrade our rink lights to LED and to replace a number of windows in the board room and the lower main entrance. Work was to start in early August, but we were still waiting at the time of writing this report.

The Rundle Community has received notice that our next Casino will be held January 7 & 8, 2020. If you can help with the casino, please call the hall or email rundlecommunity@shaw.ca. We will pass the info along to the Casino Chair.

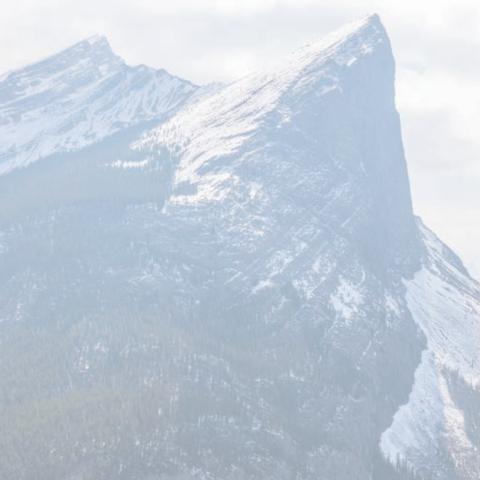
September will see the return of most of the school youth. Guiding and Scouting will also start their new sessions. The Rebels football program started up again in August and will go until November.

City council has finally approved the building of a new hockey arena. We have been doing this song and dance for way too long. As for the \$60 million in operating budget cuts, we will have to see how it affects the community.

Thanks again to Lacyne for helping to put this newsletter together.

Larry Yasman







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rundlecommunity.ca
rundlecommunity@shaw.ca



Editorial Submissions

All editorial content must be submitted by the 10th of the month for the following month's publication to **rumbles@shaw.ca**. The Rundle Rumbles are published bi-monthly.

Advertising Opportunities

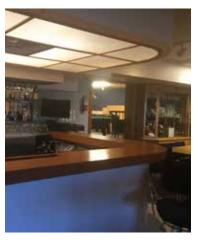
Contact rumbles@shaw.ca for our price guidelines. All advertisements must be submitted by the 10th of the month before the next publication.

More information on rundlecommunity.ca

Hall Rentals

We offer a bright and clean facility, whether it's for a wedding, anniversary, reception or meeting. Let us help you plan your event. The hall's capacity is 200 persons, but can accommodate any size of gathering. Please call us (403-280-4752), email us (rundlecommunity@shaw.ca) or message us on Facebook for further information.





Summit Pub

Open Tuesday to Saturday from 4PM – 10PM.

Call ahead to check for special events! We are family friendly, excellent pricing, and serve a daily special. Our phone number is (403)285-2397.

Tuesday – Cribbage & Darts Wednesday – Wing Night Thursday – Darts League 7-9 Friday - Nightly Special Saturday – Darts + Texas Holdem Sunday – Closed

Important Numbers

EMERGENCY	
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addiction Hotline	1-866-332-2322
ATCO Gas - 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police - Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX - Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414

HOSPITALS/URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111

OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions - Calgary Weather Information	511
Gamblers Anonymous	403-237-0654



719 Scouts

Beavers – (Aged 5-7) meet Thursdays at Rundle Community Association Cubs – (aged 8-10) meet Mondays at Temple Community Association Scouts – (aged 11 – 14) meet Tuesdays at Temple Community Association Venturers/Rovers - meet as required

For information or registration, please contact 719 Scouting through scouts.ca





YYC Matters: Federal election 2019

A strong Calgary means a strong Canada. The energy sector alone, headquartered in our city, provides 533,000 jobs across Canada and \$12 billion in average revenue to governments (2014 to 2016).

Economic recovery has been slow and if Calgary is going to continue contributing to Canada's economic success, there needs to be support from the federal government. The City identified several priorities at the federal level and is asking the major political parties where they stand on:

Honouring commitments made to Calgarians

 Committing to long-term transit funding. This means providing the federal share of funding for the next 26km of Green Line.

- Working with provinces to ensure that municipalities receive their fair share of cannabis revenue.
- Delivering on the promise of more timely funding for municipal infrastructure by permanently increasing the Gas Tax Fund.

Supporting Calgarians through the recovery

- Allowing locally-based mortgage rules to help homebuyers enter the housing market.
- Establishing a pilot multijurisdictional table to tackle the growing challenge of mental health and addictions; and provide emergency funding.

Promoting economic recovery in Calgary

- Defining an economic recovery strategy for Calgary and investing in existing initiatives.
- Increasing pipeline capacity to ensure that Canada is getting the best price for its resources. Addressing climate change and moving to a low carbon future will take a strong economy. We can be part of a global solution if our resources can reach new markets.

In the federal election, as you consider what local candidates, parties and policies will do for Calgary, visit **yycmatters.ca**

Women's English & Social Group - Meet your neighbours & practice English!

The New Friends and Neighbourhood Group program is a safe and fun environment for immigrant women to improve their English and meet new women in the community. Registration is FREE and there are no minimal English requirements. Groups meet once a week for 2 hours to practice English, make new friends and have fun! Free childcare is also provided (6 months – 6 years). JOIN ANYTIME!

Village Square Library 2623 56th Street NE Thursdays 10:00am -12:00pm

Debra Colley, Program Coordinator Calgary Immigrant Women's Association

Email: debrac@ciwa-online.com

Phone: 403-444-1752

Website: www.ciwa-online.com





Editor's Message

The summer is over and we are entering autumn, my favourite time of year.

Halloween is a lot of fun and there are lots of spooky events happening in the city. If your child is going trick-or-treating make sure you follow safety precautions and check all of their candy before consumption.

Screamfest has been retired but the same company has decided to take it in a new direction, calling it HEX. I plan on checking out this new spooktacular event along with a few others being held throughout the city.

Our AGM was held in May and had a great turnout with some great feedback. I'd like to welcome Pauline as our new pub director. If you'd like to volunteer for the RCA send an email to rundlecommunity@shaw.ca and we can let you know when our next monthly board meeting is.

We are aware of traffic and speeding complaints within the community. Please send complaints to the city and make sure you say when and where the incident occured. The more people who report incidents, the higher our chances become of installing precautions such as speedbumps.

Check our Facebook page (facebook.com/ rundlecommunity) for updates, menu specials, and events going on in Rundle and the Northeast. If you have any questions or news to share please send us a Facebook message and I will respond as soon as I can.

As always I hope this issue is informative. Please send any suggestions to rumbles@shaw.ca.

Lacyne Pilaszkiewicz

Hon. Deepak Obhrai, PC, MP Passes Away of Cancer (Aug. 3, 2019)

The Rundle Community Association would like to send their condolences to the family and friends of the honourable Deepak Obhrai, member of parliament for the Forest Lawn area Calgary. Hon. Deepak Obhrai holds the honors of being the longest-serving Parliamentary Secretary to

a Minister of Foreign Affairs in Canadian history, and also the longest-serving Indo-Canadian MP in Parliament. He passed away peacefully in Calgary surrounded by his family. You can read more at https://deepakobhrai.com/.

Girl Guides

Girls - looking for a fun and exciting after school activity?

Why not join Girl Guides! Sparks is for girls in Kindergarten and Grade 1, Brownies is for girls in Grades 2 and 3, Guides is for girls in grades 4-6, Pathfinders is for Junior High aged girls in grades 7-9, and Rangers for High School aged girls in grades 10-12. They are all part of the larger organization Girl Guides of Canada.



Sparks, Brownies, Guides and Pathfinders meet on Wednesday evenings starting at 6:30 pm in the upper hall at the Rundle Community Centre – 2409 50 Street NE. and Rangers meet twice monthly on Monday evenings starting at 7:00 p.m. Meetings run September through to June.

Registration is ongoing.

The hands-on program is all about encouraging girls to develop their own identity and positive relationships with others. Girls gain confidence by learning skills they can use in their daily lives and develop a commitment to their communities through service projects and special events. Programming covers safety and healthy choices, science and technology, the arts and eco-awareness, and camping. Girls can earn a variety

of badges and will enjoy such activities as crafts, singing, games, camping or overnight adventures, life skills, leadership and planning opportunities.

Please email:

Kirsten at tawnyowl.kirsten@gmail.com for more information or visit www.girlguides.ca



It's Time for Back to School with Calgary AfterSchool

For the 2019-20 school year, the fun starts after the bell with Calgary AfterSchool. These positive, fun, supervised programs are offered by The City of Calgary for FREE or low cost in schools, recreation buildings and community facilities across Calgary. Children and youth grades

1-12 can drop into a weekday program in their community and take part in a variety of activities from 3-6 p.m. Activities may include basketball, swimming, arts, leadership, skating, sports and much more. At Calgary AfterSchool, it's more than just getting children and youth active. These programs are designed to stay productive, increase self-esteem and teach them skills that will follow them throughout their life. Learn more at calgary.ca/afterschool.



Junior Youth Group

Rundle has several junior youth groups, as a part of the junior youth spiritual empowerment program- a program for 11-14 year olds. One group that meets on Wednesdays decided to do a speech night as a service project. Each junior youth picked an uplifting topic and decided to talk about it. Some talked about their love for their families, some talked about their friends, some talked about the environment; there was a diverse set of topics to be shared. This really helped show that junior youth have mental powers hidden latent within them and when it is activated, limitless talent and skill pours out of them. We all developed our power of expression that night and did good deeds to make Rundle a better place. For more information about this program, please contact Neda Imamverdi: Neda. Imamverdi@gmail.com

Bingo & Fundraising

If you can volunteer for this fund-raising event, please call Mary at 403-280-3976. If you have never done bingo before, no worries! Training is provided - just show up 10 minutes early. Refreshments are provided for workers.

Volunteering your time can help you pay for school and youth activities, as they provide you with a voucher you can use to offset these fees. A few hours can make a huge difference!

Bingo Volunteer Dates

Ask for Mary Pelland at rundlecommunity@shaw.ca for Bingo volunteer dates or call 403-280-3976.

Enjoy the Glenmore Reservoir This Fall

This fall, the Glenmore Reservoir is a great place to try something different! Take a walk in a gorgeous setting, rent a kayak or canoe, learn to sail in one of the Glenmore Sailing School's registered programs, or (if you're an experienced sailor) rent a sailboat! Visit calgary.ca/sailing for details.

Ready to explore Glenmore Reservoir at a

fun and interactive event geared toward all ages? Exercise your brain and body through a scavenger hunt that will provide excitement, education and physical activity while experiencing the beauty of the reservoir from South Glenmore Park. September 20 from 12:30-3:30 - all ages welcome. Visit calgary.ca/free for details.







Back to school safety



Alberta Health Services EMS would like to remind parents and students about some road safety tips, as roadways become more congested, with the return of the school year. Pedestrians and motorists both have an important role to play – road safety is a shared responsibility.

Motorists

- Avoid talking on cell phones, texting, or any other behavior that diverts your attention away from driving;
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner;
- Remember, it is illegal to pass vehicles

 other than those that are parked in school zones or playground zones, during posted hours.

Around school buses

- Flashing amber lights mean a bus is slowing down to stop – motorists should do likewise:
- No matter which direction you are coming from, STOP, when approaching a school bus with activated flashing red lights – unless the bus is on the opposite side of a divided highway from you;
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

Pedestrians

- Cross only at marked crosswalks, or street corners that have clear visibility from all directions:
- Make eye contact with all drivers before crossing the street, and keep distractions to a minimum;
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop;
- Stay within the crosswalk lines;
- Obey pedestrian lights at intersections.
 Cross the street only when you see the 'walk' sign and only when all cars have come to a complete stop;
- If you are with young children or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing;
- Remember: children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.

www.albertahealthservices.ca



Fall Program Registration is Open

The City of Calgary's Fall Recreation Program Guide offers hundreds of fun and affordable recreational opportunities to get you and your family more active, more often. Registered programs are offered at dozens of facilities located throughout the city, include swimming, fitness, dance, visual arts, skating, golf, sailing and more... why not try something different this fall? To learn more and find a program that's right for you, visit Calgary.ca/ register.

Recreation Activities

Check all recreation activities at leisure centres at calgary.ca/leisurecentres.

Saturday and Sunday Splash Swim - \$1 for kids

Check your favourite pool schedule for Splash Swims. Admission is \$2/adult and \$1/child or senior. Visit calgary.ca/recreationdeals.

Wild Wednesdays at Village Square Leisure Centre

Wednesdays, 4 - 10 p.m. Come join us for 50% off regular admission. All ages.

Saturday Night 50% off regular admission at **Village Square Leisure Centre**

Saturdays, 7 - 10 p.m. Come join us for 50% off regular admission. All ages.

Soccer Drop-in at Calgary Soccer Centre

Mondays, Wednesdays & Fridays, 11:30 a.m. - 1:30 p.m. Age: 18+

Develop foot skills, practice drills or play a game. Bring your own ball.

calgary.ca/soccercentre

Drop-in Playschool programs for preschoolers at Southland and Village Square Leisure Centres

Flexible options for preschoolers: registered, drop-in or year-round. Visit calgary.ca/playschool

The Summit Pub Menu

Appetizers

Deep Fried Pickles - \$7.95 Chicken Wings - \$8.25/lb Boneless Pork Ribs - \$8.50 Mozza Sticks - \$7.75 Mexi Fries - \$5.50 Soup of the Day - \$4.25 Poutine - \$4.00 (sm) \$8.95 (lg) Nachos - \$14.75 (full) \$9.00 (half) Onion Rings - \$6.25 Veggie Plate - \$4.95 Potato Skins - \$7.75

Fries - \$3.10 (sm) \$4.50 (lg)

Salads

Caesar/Garden - \$3.00 (side) \$7.00 (lg) Chef Salad - \$7.25 Add Chicken or Beef - \$2.00

Burgers

Hamburger - \$7.50
Pizza Burger - \$8.75
Bacon Cheddar - \$8.25
Mozza & Mushroom Burger - \$8.75
Grilled Chicken - \$7.95

Pastas

Spaghetti Bolognese - \$7.95 Lasagna - \$7.95 Spaghetti & Meat Balls - \$7.95

Sandwiches & Wraps

Club House - \$8.50 Beef Dip - \$9.25 Philly Cheese Steak - \$9.75 Grilled Cheese - \$6.25 Reuben - \$8.50 Veggie Wrap - \$8.25 Chicken Quesadilla - \$8.50 Steak Quesadilla - \$9.00 Buffalo Chicken Wrap - \$7.95 Chicken Caesar Wrap - \$8.25 Steak Caesar Wrap - \$9.20 Steak Sandwich - \$9.50

Entrées

Steak Dinner - \$11.50
Pulled Pork Sandwich - \$8.00
Shepard's Pie - \$8.10
Fish & Chips - \$9.10
3 pc. Chicken Strips - \$7.95
Meatloaf - \$8.25
Shepard's Pie - \$8.10

Pizza

Now available in 8" and 14". See full menu for selection. Can be ordered to go.

Kids

Hamburger - \$4.25 Grilled Cheese - \$4.25 Beef & Cheese Slider - \$4.75 Hot Dog - \$4.25 Chicken Strips - \$4.75

Ask your server for daily specials.

Prices are subject to change without notice.

Darts League at the Summit Pub: Rundle Rebels

The Rundle Rebels play Mondays and Thursdays. This is a league without drop-in, but Saturdays it is drop-in (first come, first served). Drop-ins start at 12:30.



Birthday wishes....no dishes! Plan your child's birthday with The City of Calgary

Birthday wishes....no dishes! Skip the work and plan your next birthday party with The City of Calgary. The City's many facilities offer an easy and affordable way to gather with friends and family in a fun setting. From waterparks to nature adventures, you'll find party planning simple and stress-free. Parties are tailored to the age group and available at City leisure centres, nature centres, aquatic and fitness centres, and art centres. Visit us online to see our list of themed adventure parties. Visit Calgary.ca/ birthdays for options.

Casual Golf. Serious Fun. Golf with The City of **Calgary**

The City of Calgary offers fun, affordable golf opportunities for you and your family to get more active, more often. With 8 courses (including the newly renovated McCall Lake 18-hole Course) and 3 driving ranges we have something for all ages and skill levels. In addition, we offer registered golf programs for those who have never picked up a golf club to those looking to further develop their skills – all taught by our award winning, expertly trained golf pros. With

locations throughout the city, we're closer than you think. Visit calgary.ca/golf to learn more.

Village Square Leisure Centre: Annual Shutdown

Village Square Leisure Centre will be partially closed September 3 - 22, 2019 for annual maintenance and upgrades. Partner organizations in the facility will be open during this time. Visit our website at calgary.ca/leisurecentres for specific amenity schedules.

Fall Programs for Everyone at Calgary Public Library

Calgary Public Library offers hundreds of free in-person programs for families, kids, teens, newcomers, small business owners, job seekers, and anyone looking for enrichment. See everything we offer at calgarylibrary.ca/programs. From Career Coaching and Settlement Services to Baby's Big Playdate, Drop-in Family Storytimes, and a 50+ Lecture Series, there is truly something for everybody. Plus check out new programs, including Babies Go Boo!, a Creative Writing Club for kids, and Yoga at Central Library.





Community Membership Application

Please make your cheque out to: Rundle Community Association

	and mail to: 2409 - 50 Street NE Calgary, AB TTY 125		
Last Name		First Name	
Spouse/Family Member Names			
		Postal Code	
		Email	
		ve emails from the Rundle Community Association	
Yes No		,	
You may withdraw your consent any time by emailing rundlecommunity@shaw.ca and placing "Please unsubscribe me" in the subject line.			

Cash _____ Cheque __

Family membership is only \$10 per year.

Suggestion Box

We are always open to suggestions and improvements that are helpful, and if you just want to give our staff/management any praise, we're open to that too. Let us know how we are

doing! You can contact the Rundle Community Association through email: rundlecommunity@shaw.ca

The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of the Rundle Community Association (RCA) and CentralWeb.

The RCA and CentralWeb do not endorse any person(s) advertising in this newsletter.

Visit our website for more information: rundlecommunity.ca

Follow us on Facebook for live updates about the Rundle community.

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