



RUNDLE RUMBLES

The official Rundle community newsletter.



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Maggie Branton	Block Watch	(403)293-3732
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Kate Johnston & Karma Lanneville	Girl Guides	(403)651-0038
Steve Charles	Rebels Football	
Patricia Fuentes	Ward 10 Office	
Kate Campbell	Neighbourhood Partners Liaison	
Bruce Hardart	YYC Liaison	



President's Message

The Summit is open and ready for you and your family. There are specials every night. Cribbage, and Texas Holdem are up and running. Remember you can order your pizza to go. If you have a special event, the pub can handle up to 100 and we can reserve for any size from 10 to 100.

The Pub is handling a number of dart leagues this year, which is keeping us very busy as we also have darts on Friday and Saturdays. We have expanded the back room area to handle darts as well. We currently still offer one pool table.

We continue to get calls concerning the increased noise from the aircraft taking off from the new runway. I am noticing an increased number of flights that are not respecting the 10 degree deviation. We are getting more and more flights in the 20 to 25 degree deviation. Google "YYC Noise" for a complaint forms or call 403-735-1408. Note that YYC has changed the format of their complaint form and it is longer and not as easy to use. They are also bragging that the number of complaints is down. The reason is the lack of respect and response from these idiots.

The City has requested that we get our books audited this year. Except for the cost, this is usually not a big deal. We have contracted the Federation of Calgary Communities to conduct the audit. It is still being audited at the time of this report.

There has been an increase in excessive speeding as well as an increase in noise as cars have been modified with noise baffles to make the car sound powerful. We need to continue to report all suspicious activity to the police. The City has reported a spike in breakins this year.

We have upgraded our rink lights to LED and

replaced a number of windows in the board room and the lower main entrance. We got most of what we asked for. The contractor did not supply the proper locking mechanism, so it has cost us an additional \$500 to fix their error. We had also expected that the replacement of the boardroom window included casements. Not with these guys. Not impressed.

The Rundle Community has received notice that our next Casino will be held January 7 & 8, 2020. If you can help with the casino, please call the hall or email rundlecommunity@shaw.ca. We will pass the info along to the Casino Chair.

The Rebels football program started up again in August and they have had a good season so far.

The Rundle Community was targeted by the Alberta Health and Safety department. We weren't writing up an incident report for every Band-Aid that was being used. What a waste.

There have been a number of repairs required for our aging plumbing in the building as the cast iron piping installed in the 80's is giving out.

The City has given notice that the Rundle Manor along 26 Ave NE will be closing June 2021. They have notified the current residents and there was an info session held in Sept at the Village Square leisure center. There was an excellent turnout with some local concerns being raised. Funding for the redevelopment was anticipated in the next Provincial budget.

Thanks again to Lacyne for helping to put this newsletter together.

Larry Yasman





2409-50 St NE
Calgary, AB, T1Y 1Z5
Phone: (403)280-4752
 rundlecommunity.ca
 rundlecommunity@shaw.ca



Editorial Submissions

All editorial content must be submitted by the 10th of the month for the following month's publication to **rumbles@shaw.ca**. The Rundle Rumbles are published bi-monthly.

Advertising Opportunities

Contact rumbles@shaw.ca for our price guidelines. All advertisements must be submitted by the 10th of the month before the next publication. More information on rundlecommunity.ca



Summit Pub

Open Tuesday to Saturday from 4PM – 10PM.

Call ahead to check for special events! We are family friendly, excellent pricing, and serve a daily special. Our phone number is (403)285-2397.

Monday – Dart League
 Tuesday – Cribbage & Darts
 Wednesday – Wing Night
 Thursday – Darts League 7-9
 Friday - Nightly Special
 Saturday – Darts + Texas Holdem
 Sunday – Closed

Hall Rentals

We offer a bright and clean facility, whether it's for a wedding, anniversary, reception or meeting. Let us help you plan your event. The hall's capacity is 200 persons, but can accommodate any size of gathering. Please call us (403-280-4752), email us (rundlecommunity@shaw.ca) or message us on Facebook for further information.

Important Numbers

EMERGENCY

Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addiction Hotline	1-866-332-2322
ATCO Gas - 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police - Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX - Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414

HOSPITALS/URGENT CARE

Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111

OTHER

Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions - Calgary Weather Information	511
Gamblers Anonymous	403-237-0654



719 Scouts

Beavers – (Aged 5-7) meet Thursdays at Rundle Community Association
 Cubs – (aged 8-10) meet Mondays at Temple Community Association
 Scouts – (aged 11 – 14) meet Tuesdays at Temple Community Association
 Venturers/Rovers – meet as required

For information or registration, please contact 719 Scouting through scouts.ca





Residential Traffic Safety Unit

Over the last three years the Calgary Police Service has developed a new unit to specifically address Residential Traffic Safety. This unit has been presenting to each Ward in the City to both provide and to solicit information on “problem areas” throughout the City to allow more specific and targeted visibility and enforcement. This unit is specifically interested in Residential TRAFFIC issues. The strategy has been:

- Utilize citizen feedback to inform operational response.
- Focus on playground zones, pedestrian rich locations and other high risk locations identified through collision data analysis.

- Emphasize public awareness and education, and facilitate citizen engagement through Ward Traffic Safety Meetings and to work with the City partners to further support traffic calming measures outside of enforcement.

One of the key tools to help Calgary Police Service monitor and track these issues is the Traffic Service Request (TSR).

If you have a traffic safety concern:

- Go to www.calgarypolice.ca
- Scroll down and click Report a Traffic Concern.
- Choose Click here to submit a traffic service request.
- Confirm that this isn't parking related and then choose Start Report.

Please complete as detailed and accurately as possible to assist officers in enforcement. Please include directions, times, and any additional information you feel may assist in resolving the issue.



**CALGARY
POLICE
SERVICE**

Women's English & Social Group – Meet your neighbours & practice English!

The New Friends and Neighbourhood Group program is a safe and fun environment for immigrant women to improve their English and meet new women in the community. Registration is FREE and there are no minimal English requirements. Groups meet once a week for 2 hours to practice English, make new friends and have fun! Free childcare is also provided (6 months – 6 years). JOIN ANYTIME!

Village Square Library 2623 56th Street NE

Thursdays 10:00am -12:00pm

Debra Colley, Program Coordinator

Calgary Immigrant Women's Association

Email: debrac@ciwa-online.com

Phone: 403-444-1752

Website: www.ciwa-online.com



C I W A
Calgary Immigrant Women's Association



Editor's Message

Winter is here and Christmas is coming up so fast.

The pub will have a New Years party this year. We don't have all of the updates yet so stay tuned and follow our Facebook page. We are also thinking about hosting paint nights again. I will be leading instruction for paint nights when I can, so please come down to the pub and introduce yourself.

If you'd like to volunteer for the RCA send an email to rundlecommunity@shaw.ca and we can let you know when our next monthly board meeting is.

We are aware of traffic and speeding complaints within the community. Please send complaints to the city and make sure you say when and where the incident occurred. The more people who report incidents, the higher our chances become of installing precautions such as speedbumps. CPS has sent us some information on a new unit; the Residential Traffic Safety Unit. You can read about them and how to report traffic concerns on page 7.

Check our Facebook page (facebook.com/rundlecommunity) for updates, menu specials, and events going on in Rundle and the Northeast. If you have any questions or news to share please send us a Facebook message and I will respond as soon as I can.

As always I hope this issue is informative. Please send any suggestions to rumbles@shaw.ca.

Lacyne Pilasziewicz

New Years at the Summit Pub

Details to come.

Please visit us at the pub for tickets when they are available.

Follow the RCA on Facebook to stay updated!

Girl Guides

Girls – looking for a fun and exciting after school activity?

Why not join Girl Guides! Sparks is for girls in Kindergarten and Grade 1, Brownies is for girls in Grades 2 and 3, Guides is for girls in grades 4-6, Pathfinders is for Junior High aged girls in grades 7-9, and Rangers for High School aged girls in grades 10-12. They are all part of the larger organization Girl Guides of Canada.

Sparks, Brownies, Guides and Pathfinders meet on Wednesday evenings starting at 6:30 pm in the upper hall at the Rundle Community Centre – 2409 50 Street NE. and Rangers meet twice monthly on Monday evenings starting at 7:00 p.m. Meetings run September through to June.



Registration is ongoing.

The hands-on program is all about encouraging girls to develop their own identity and positive relationships with others. Girls gain confidence by learning skills they can use in their daily lives and develop a commitment to their communities through service projects and special events. Programming covers safety and healthy choices, science and technology, the arts and eco-awareness, and camping. Girls can earn a variety

of badges and will enjoy such activities as crafts, singing, games, camping or overnight adventures, life skills, leadership and planning opportunities.

Please email:

Kirsten at tawnyowl.kirsten@gmail.com for more information or visit www.girlguides.ca

Rundle Manor Redevelopment

Project Background

On June 30, 2021, Calgary Housing Company will close the Rundle Manor residential complex. While Rundle Manor is a valuable asset in the provision of affordable housing, it is no longer practical to make major investments into the 40-year-old complex. Calgary Housing Company plans to develop new, modern affordable housing on the site.

The site meets key criteria The City of Calgary uses to select sites for affordable housing, including nearby community amenities like groceries, transit, schools, parks and recreation areas.

The City of Calgary is undertaking a feasibility study to determine the best way to design and operate new affordable housing in Rundle to ensure long-term sustainability.

With one in five Calgary households struggling to pay for housing costs, this redevelopment is part of The City's direction to ensure that low-income Calgarians have a safe, stable place to call home in all neighbourhoods across the city.

Location

Rundle Manor is located at 4225 26 Avenue N.E. Upon closing in June 2021, Calgary Housing Company plans to demolish the existing complex to make way for the new affordable housing.

Communication and Engagement

The City of Calgary is committed to working with the Rundle Community and will communicate with the public and businesses about the redevelopment on an ongoing basis.

The community will be engaged on September 25, 2019 and online as The City of Calgary undertakes a feasibility study to determine the best way to design and operate new affordable housing in Rundle to ensure long-term sustainability.

Upon approval of full project funding, The City will hold robust engagement with the community and encourages residents to participate in the design process.

For updates on this project, please visit calgary.ca or call 311.

Junior Youth Group

Rundle has several junior youth groups, as a part of the junior youth spiritual empowerment program- a program for 11-14 year olds. One group that meets on Wednesdays decided to do a speech night as a service project. Each junior youth picked an uplifting topic and decided to talk about it. Some talked about their love for their families, some talked about their friends, some talked about the environment; there was a diverse set of topics to be shared. This really helped show that junior youth have mental powers hidden latent within them and when it is activated, limitless talent and skill pours out of them. We all developed our power of expression that night and did good deeds to make Rundle a better place. For more information about this program, please contact Neda Imamverdi: Neda.Imamverdi@gmail.com

Bingo & Fundraising

If you can volunteer for this fund-raising event, please call Mary at 403-280-3976. If you have never done bingo before, no worries! Training is provided - just show up 10 minutes early. Refreshments are provided for workers.

Volunteering your time can help you pay for school and youth activities, as they provide you with a voucher you can use to offset these fees. A few hours can make a huge difference!

Bingo Volunteer Dates


Ask for Mary Pelland at rundlecommunity@shaw.ca for Bingo volunteer dates or call 403-280-3976.



Paint Nights at the Summit Pub

The Rundle Community Association plans to host paint nights in the pub. We currently do not have any details other than the paint nights potentially taking place on Saturday nights. Please follow us on Facebook for further updates and specific times!

Saturday nights at the Rundle Community Hall: 2409 - 50 St NE



Yoga

Monday nights at the Rundle Community Hall: 2409 - 50 St NE
Thursday nights at Prince of Faith Church 2523 - 56 St NE
Contact Val: 403-809-2170
Email: perizad3@gmail.com



Emergency Medical Services (EMS) paramedics respond to a number of cold weather related emergencies every winter. However, by taking appropriate measures to dress properly, anticipate sudden weather changes and preparing to be out in the cold, may reduce your risk of sustaining a cold weather illness/injury. It's also advised you store an emergency kit in your vehicle at all times containing extra clothing, blankets and other road-side supplies.

Frostnip

- Frost-nipped skin is extremely cold, but not yet frozen skin;
- It commonly affects the ears, nose, cheeks, fingers and toes;
- The skin may look red and possibly feel numb to the touch;
- When treated promptly, frostnip usually heals without complication;
- Move to a warm environment and immediately, but gently, re-warm the affected area through skin to skin contact (i.e. hand covering tips of ears).

Frostbite

- Frostbite occurs when skin becomes so cold, the skin and underlying tissues freeze;
- Affected skin may look white & waxy and will feel hard to the touch;
- Move to a warm environment immediately and place the affected area in warm, *not hot*, water until fully re-warmed;
- Call 9-1-1, or seek further medical attention as required.

Hypothermia

- Hypothermia is abnormally low body temperature, less than 34°C (as compared to normal body temperature of about 37°C);
- Early hypothermia may manifest as profound shivering; moderate hypothermic patients may act inappropriately: stumbling, mumbling, and fumbling, as their body temperature continues to drop resulting in severe hypothermia (<30°C);
- Left untreated, severe hypothermia may progress to unconsciousness or death;
- Early recognition and prompt medical attention is key. Call 9-1-1. Don't forget to protect yourself from the factors that originally lead to the patient's situation;
- Initiate gentle re-warming as quickly as possible. Remove any wet or constrictive clothing; cover with blankets, or sleeping bags. Protect from further heat loss: eliminate contact with cold surfaces, and shield from wind and moisture.



Try something different. Winter recreation program registration begins Nov. 26

The City of Calgary's Winter Recreation Program Guide offers hundreds of fun and affordable recreational opportunities to get you and your family more active, more often. Registered programs are offered at dozens of facilities located throughout the city, include swimming, skating, hockey, fitness, dance, martial arts, sports and more. Why not try something different this winter? To learn more and find a program that's right for you, visit calgary.ca/register.

Free Family Skate Night

Come in out of the cold to join us for fun on the ice. Bring your skates and hockey helmet or rentals are available free of charge on a first-come first-served basis. This event is in partnership with Aspen Hand in Hand Parent Link Centre.

Wednesday, December 18, 7 – 8:30 p.m.

Village Square Leisure Centre, 2623 56 St. N.E.

DIVE IN Movie at Village Square Leisure Centre

Experience the movies like never before at Village Square Leisure Centre. Come settle in for a night at the movies in the water park. Rent our tubes, bring your own floatation devices or lounge poolside. You'll enjoy a great film and an even better time with friends, family and neighbours. For specific movie titles check out our facebook page closer to the event date. Regular Admission.

Friday, December 13, 6:00 p.m. – 8:00 p.m.

Village Square Leisure Centre, 2623 56th St. N.E.

New Year's Eve Fireworks

The City of Calgary will host a fireworks display at midnight from the Calgary Tower. Wherever you happen to be celebrating throughout Calgary, make sure you look up to see the spectacular show that will ring in 2020. December 31, 11:59 p.m.

The Summit Pub Menu

Appetizers

Deep Fried Pickles - \$7.95
Chicken Wings - \$8.25/lb
Boneless Pork Ribs - \$8.50
Mozza Sticks - \$7.75
Mexi Fries - \$5.50
Soup of the Day - \$4.25
Poutine - \$4.00 (sm) \$8.95 (lg)
Nachos - \$14.75 (full) \$9.00 (half)
Onion Rings - \$6.25
Veggie Plate - \$4.95
Potato Skins - \$7.75
Fries - \$3.10 (sm) \$4.50 (lg)

Salads

Caesar/Garden - \$3.00 (side) \$7.00 (lg)
Chef Salad - \$7.25
Add Chicken or Beef - \$2.00

Burgers

Hamburger - \$7.50
Pizza Burger - \$8.75
Bacon Cheddar - \$8.25
Mozza & Mushroom Burger - \$8.75
Grilled Chicken - \$7.95

Pastas

Spaghetti Bolognese - \$7.95
Lasagna - \$7.95
Spaghetti & Meat Balls - \$7.95

Sandwiches & Wraps

Club House - \$8.50
Beef Dip - \$9.25
Philly Cheese Steak - \$9.75
Grilled Cheese - \$6.25
Reuben - \$8.50
Veggie Wrap - \$8.25
Chicken Quesadilla - \$8.50
Steak Quesadilla - \$9.00
Buffalo Chicken Wrap - \$7.95
Chicken Caesar Wrap - \$8.25
Steak Caesar Wrap - \$9.20
Steak Sandwich - \$9.50

Entrées

Steak Dinner - \$11.50
Pulled Pork Sandwich - \$8.00
Shepard's Pie - \$8.10
Fish & Chips - \$9.10
3 pc. Chicken Strips - \$7.95
Meatloaf - \$8.25
Shepard's Pie - \$8.10

Pizza

Now available in 8" and 14". See full menu for selection. Can be ordered to go.

Kids

Hamburger - \$4.25
Grilled Cheese - \$4.25
Beef & Cheese Slider - \$4.75
Hot Dog - \$4.25
Chicken Strips - \$4.75

Ask your server for daily specials.

Prices are subject to change without notice.

Darts at the Summit Pub

League Play:

Monday (CPDA)
Tuesday (ICPDL)
Wednesday (CLCDA)
Thursday (ICDL)

Jitneys:

Friday evening, drop-in, blind draw.
Cut-off @ 7:15 PM. Start @ 7:30 PM.

Saturday afternoon, drop-in, blind draw.
Cut-off @ 1:45 PM. Start @ 2:00 PM.

Special tournaments are posted during the season.





New Year's Eve Family Event

Play, swim, jump, splash and slide into 2020. Bring the whole family for tons of fun and games in the waterpark. There will be a DJ pumping out the tunes as families enjoy the wave pool, slides, hot tub and safari splash. Stay until the very end to enjoy our pool party countdown!

Tuesday, December 31, 6 - 8 p.m.

Southland and Village Square Leisure Centres

All ages +Adult. Regular admission.

Volunteer Opportunities

For anyone aged 12+ years looking for volunteer opportunities, please visit calgary.ca/volunteers. Volunteering gives you an opportunity to meet new people, gain new skills and experiences while being active. Feel good about giving back to your community.

Surprise your kids with a Calgary Recreation Stocking Stuffer this year!

This holiday season, give the gift of recreation with a \$5 City of Calgary stocking stuffer. The stocking stuffer booklet includes 10 coupons, a value of over \$60. Coupon booklets include partner facility admission coupons and are redeemable until June 30, 2020. Visit calgary.ca/stockingstuffer for more information.

Youth Event at Village Square Leisure Centre

Play, swim, jump, splash and slide into the weekend. Bring all your friends to the waterpark for tons of fun, including games, music and even prizes! A DJ will be pumping out the tunes as you enjoy the wave pool, slides and hot tub.

Friday, December 6, 7 - 10 p.m.

Village Square Leisure Centre

11 - 15 yrs. Regular admission.



Clown Aroun' - Before & After School Care Program

Rundle Community Center: 2405-50th Rundle NE

The program runs Monday to Friday 6:30AM to 6:00PM including professional school days. Subsidies are available. Register now.

Registration is ongoing.
Call: 403 275 4098



Community Membership Application

Family membership is only \$10 per year.

Cash _____ Cheque _____

Please make your cheque out to: Rundle Community Association
and mail to: 2409 - 50 Street NE Calgary, AB T1Y 1Z5

Last Name _____ First Name _____

Spouse/Family Member Names _____

Address _____ Postal Code _____

Phone # _____ Email _____

Consent requested. You request permission to receive emails from the Rundle Community Association

Yes _____ No _____

You may withdraw your consent any time by emailing rundlecommunity@shaw.ca and placing "Please unsubscribe me" in the subject line.

Suggestion Box

We are always open to suggestions and improvements that are helpful, and if you just want to give our staff/management any praise, we're open to that too. Let us know how we are

doing! You can contact the Rundle Community Association through email:
rundlecommunity@shaw.ca

The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of the Rundle Community Association (RCA) and CentralWeb.

The RCA and CentralWeb do not endorse any person(s) advertising in this newsletter.

Visit our website for more information:
rundlecommunity.ca

Follow us on Facebook for live updates about the Rundle community.

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